

If we are not billing your insurance, you have the right to receive a Good Faith Estimate that explains how much your medical care will cost.

Under the law, health-care providers need to give patients who do not have insurance or who are not using insurance an estimate of the bill for medical items and services.

- You have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency items or services. This includes related costs such as medical tests, chiropractic adjustments, physical therapy, massage therapy and other services we recommend.
- Make sure your health-care provider gives you a Good Faith Estimate verbally when you schedule your appointment. You can also ask your health-care provider, and any other provider you choose, for a Good Faith Estimate before you schedule an item or service. Once you have a treatment plan from a provider, ask for a written Good Faith Estimate based on that plan.
- If you receive a bill that is at least \$400 more than your Good Faith Estimate, you can dispute the bill.
- Make sure to save a copy or picture of your Good Faith Estimate.

For questions or more information about your right to a Good Faith Estimate, visit www.cms.gov/nosurprises.